

## Appendix 1 Questionnaire

### Part I English practice in the classroom in my university

1. English teaching in my university is grammar-focused.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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2. My English teachers in my university often ask us to do sentence drilling and repeat sentences after them.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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3. The language used in the classroom by my teachers is mostly Japanese.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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4. English teaching in my university is mainly explaining and practicing grammar rules.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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5. I seldom need to open my mouth in the classroom.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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6. English teaching in my university is communication-based.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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7. My teachers often design activities to have us interact in English with peers.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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8. Our focus in class is communication, but the teacher would explain grammar when necessary.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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9. English teachers in my university allow us trial-and-error attempts to communicate in English.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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10. My English teachers often create an atmosphere for us to use English.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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11. My English teachers often correct my errors in speaking in class.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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**Part 2 My attitude toward the instructional practice in my university**

1. I like grammar-focused English teaching in my university.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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2. I like sentence drilling and repeating sentences after my teachers in my university English class.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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3. I like the language used in the classroom by my English teachers in university to be mostly Japanese.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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4. I like much of the time in the classroom to be spent in explaining and practicing grammar rules.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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5. I like an English class in which I do not need to open my mouth.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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6. I like communication-based English teaching.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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7. I like communicative activities so that we could interact in English with peers.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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8. I like my English class to be focused on communication, with grammar explained when necessary.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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9. I like English teachers in my university to allow us to make trial-and-error attempts to communicate in English.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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10. I like my English teachers to create an atmosphere that encourages us to use English in class.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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11. I like my errors in speaking to be corrected by my teachers.  

strongly disagree	1	2	3	4	5	6	7	strongly agree
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**Part 3 My beliefs about learning English**

1. Learning English is learning its grammar rules.  
 strongly disagree      1      2      3      4      5      6      7      Strongly agree
  
2. English learning through sentence drilling is effective  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
3. I believe Japanese should be frequently used in my English class for my better understanding of the lessons.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
4. I believe the more grammar rules one memorizes, the better he/she is at using English.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
5. Opening one's mouth to practice speaking in the classroom is not essential for English learning.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
6. A language classroom should be communication-focused.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
7. It is important to practice English in real-life or real-life like situations.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
8. Languages are learned mainly through communication, with grammar rules explained when necessary.  
 strongly disagree      1      2      3      4      5      6      7      Strongly agree
  
9. I believe making trial-and-error attempts to communicate in English helps me to learn English.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
10. A teacher should create an atmosphere in the classroom to encourage interaction as a class or in groups.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
11. It is important for the teacher to correct students' speaking errors in class.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree
  
12. The formal study of grammar is essential to eventual mastery of English.  
 strongly disagree      1      2      3      4      5      6      7      strongly agree

- |          |   |   |   |   |   |   |   |       |
|----------|---|---|---|---|---|---|---|-------|
| disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | agree |
|----------|---|---|---|---|---|---|---|-------|
13. I believe my English improves most quickly if I study and practice the grammar.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
14. There should be more formal study of grammar in English class.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
15. It is more important to study and practice grammatical patterns than to practice English in an interactive way in the classroom.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
16. Grammar rules should be explicitly explained in class.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
17. Learning English is learning to use the language.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
18. Learning English by practicing the language in communicative activities is essential to eventual mastery of a foreign language.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
19. A communication-focused language program often meets the learner's needs.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
20. I believe it is important to avoid making errors in the process of learning English.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
21. Teachers should correct students' pronunciation or grammatical errors in class.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
22. A good language learner usually pronounces beautifully.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
23. A person's good pronunciation usually indicates good English.
- |                   |   |   |   |   |   |   |   |                |
|-------------------|---|---|---|---|---|---|---|----------------|
| strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|-------------------|---|---|---|---|---|---|---|----------------|
24. Learning English is important for people in Japan.

- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|
25. English is useful in getting a good job.
- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|
26. Good language learners are intelligent.
- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|
27. Students who have good grades in other subjects are likely to be good language learners.
- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|
28. English education should begin in elementary school.
- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|
29. I wish to speak like English native speakers.
- |  |                   |   |   |   |   |   |   |   |                |
|--|-------------------|---|---|---|---|---|---|---|----------------|
|  | strongly disagree | 1 | 2 | 3 | 4 | 5 | 6 | 7 | strongly agree |
|--|-------------------|---|---|---|---|---|---|---|----------------|

If you agree with the above statement, what English would you like to learn to use?

American English \_\_\_\_\_ British English \_\_\_\_\_ Canadian English \_\_\_\_\_  
 Australian English \_\_\_\_\_ Others, please specify \_\_\_\_\_

*Background information*

1. Male \_\_\_ Female \_\_\_ Major \_\_\_\_\_ College/University \_\_\_\_\_
2. Grade/Year level: 1<sup>st</sup> [ ] 2<sup>nd</sup> [ ] 3<sup>rd</sup> [ ] 4<sup>th</sup> [ ]
3. When did you start learning English?  
 Before 7 years old \_\_\_ Between 7 and 11 \_\_\_ Between 12 and 15 \_\_\_  
 At 16 or after \_\_\_